

# Kenya Medical Mission

15 June – 6 July 2012

The Kenya Medical Mission trip is run in conjunction with ACTS (African Christian Tours & Safaris) and local Baptist missionaries based in Kenya. The objectives of the mission are to provide practical & spiritual love and support to our brothers and sisters in Kenya.

We are looking for both medically qualified and non qualified participants. Roles on mission will include registration of patients, triage (weight, blood pressure, temperature), crowd control, counselling, pharmacy, food distribution and more.



In Nairobi and surrounding areas we will be running a jigger campaign. Jiggers are sand fleas that infest fingers & toes. The team will be fumigating homes, removing jiggers, de-worming, educating on hygiene & prevention of reinfestation and pastoral care. We will then conduct two rural 3 day medical clinics in Western Kenya offering free medical and spiritual care. After 2 weeks of hard work the team will safari in the beautiful Masai Mara area for de-briefing.

**For more information, application forms and FAQs go to [www.missiontravel.com.au/kenyamed2012](http://www.missiontravel.com.au/kenyamed2012)**

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# Kenya Medical Mission 2012

## Itinerary

### FRIDAY JUNE 15

Depart Australia for an overnight flight to Nairobi.

### SATURDAY 16 JUNE

Arrive in Nairobi late afternoon. Transfer from the airport to Limuru. Relax and settle in.

### SUNDAY 17 JUNE

Attend a local church service followed by a detailed orientation. Spend the remainder of the day relaxing at Brackenhurst where you will be based for the next week.

### MONDAY 18 JUNE

After breakfast travel to a nearby village and commence jigger(sand flea) eradication campaign under the guidance of community project co-ordinators.

### TUESDAY 19 JUNE

Jigger/sand flea eradication campaign continues and concludes at the same village. Packed lunch provided.

### WEDNESDAY 20 JUNE

After breakfast travel to Ndederu, Nairobi for day 1 of a medical outreach clinic set up by the local church. This medical outreach will be facilitated by on the ground missionaries based in Nairobi. Packed lunch provided.

### THURSDAY 21 JUNE

After breakfast travel to Ndederu, Nairobi for day 2 of the medical outreach clinic. Packed lunch provided.

### FRIDAY 22 JUNE

After breakfast travel to Ndederu, Nairobi for the final day of the medical outreach.

### SATURDAY 23 JUNE

Early departure from Brackenhurst to Webuye, Western Kenya for the first rural medical camp. A full day of travel in a specially converted overland safari vehicle. Packed lunch on the road.

On arrival in Webuye, the team will help set up camp while our cook prepares dinner. All camping equipment will be provided (except sleeping bags, pillows & towels).

### SUNDAY 24 JUNE

After a camp breakfast and devotion, day 1 of the Webuye medical camp begins. Break for lunch from 12-1pm and continue the clinic until 5pm.

Bush showers and toilets provided for (note – no hot water for showers!)

Dinner followed by de-brief.

### MONDAY 25 JUNE

After a camp breakfast and devotion, day 2 of the Webuye medical camp begins. Break for lunch from 12-1pm and continue the clinic until 5pm.

Dinner and debrief.

### TUESDAY 26 JUNE

After a camp breakfast and devotion, the final day of the Webuye medical camp begins. Break for lunch from 12-1pm and continue the clinic until 5pm.

Dinner and debrief.

### WEDNESDAY 27 JUNE

After breakfast, the team will assist with breaking down the camp and packing the truck. Travel south to Kisii for the second rural medical camp. Set up camp on arrival and spend the remainder of the afternoon relaxing.

### THURSDAY 28 JUNE

After a camp breakfast and devotion, day 1 of the Kisii medical camp begins. Break for lunch from 12-1pm and continue the clinic until 5pm. Bush showers and toilets provided for.

Dinner followed by de-brief.

### FRIDAY 29 JUNE

After a camp breakfast and devotion, day 2 of the Kisii medical camp begins. Break for lunch from 12-1pm and continue the clinic until 5pm. Bush showers and toilets provided for.

Dinner followed by de-brief.

### SATURDAY 30 JUNE

After a camp breakfast and devotion, the final day of the Kisii medical camp begins. Break for lunch from 12-1pm and continue the clinic until 5pm. Bush showers and toilets provided for (note – no hot water for showers!)

Dinner followed by de-brief.

### SUNDAY 1 JULY

After breakfast and camp pack up, travel a full day to the famous Masai Mara. On arrival at the edge of the Naboisho Conservancy the team will be met by Encounter Mara guides with welcome drinks. The team will leave the truck behind for a few days and enjoy game drives in open 4WD safari vehicles. Enjoy the drive from the edge of the conservancy to Encounter Mara eco spotting wildlife along the way. The team will spend the remainder of the day relaxing at the camp. Dinner and soft drinks included.

### MONDAY 2 JULY

Light breakfast served at 6am followed by an early morning game drive. Masai village visit. Return to camp for brunch served from 10.30am-noon. Relax at Encounter

Mara luxury eco camp until 3pm when high tea is served followed by a guided bush walk and/or afternoon game drive.

Sundowners followed by evening/night game drive using spot lights. Dinner.

### TUESDAY 3 JULY

Light breakfast served at 6am followed by an early morning game drive. Masai village visit. Return to camp for brunch served from 10.30am-noon. Relax at Encounter Mara luxury eco camp until 3pm when high tea is served followed by a guided bush walk and/or afternoon game drive.

Sundowners followed by evening/night game drive using spot lights. Dinner.

### WEDNESDAY 4 JULY

After an early morning game drive and brunch the team will (reluctantly) check out. Transport to the edge of the conservancy where the team will be met by their crew and overland truck for the trip back to Brackenhurst.

### THURSDAY 5 JULY

Enjoy your last full day in Kenya. Visit the Elephant Orphanage, Giraffe Centre and lunch at a local restaurant (own expense, approx KES700-900 for a feast!).

### FRIDAY 6 JULY

Breakfast and Brackenhurst then visit the Masai Markets enroute to the airport for your flight home.

## Cost

(based on a minimum of 15 passengers)

\$5899 per person

Plus \$400 to be fundraised for the purchase of medical supplies in Kenya.

### What this includes:

- Return economy class airfares from Australia to Nairobi flying Qatar Airways

**FOR BOOKINGS AND ENQUIRIES, CONTACT MISSION TRAVEL GROUP ON 1300 554 654**

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- Accommodation: 9 nights at Brackenhurst in Limuru, 8 nights bush camping, 3 nights Encounter Mara luxury eco camp

- All meals (Breakfast, lunch & dinner) unless specified

- Return airport transfers & meet and greet at Nairobi airport

- Transport in a specially converted overland truck for the medical mission

- Games drives, Masai village visit and walking safari at Encounter Mara

- All medical drugs and supplies required for the medical clinic (based on \$400 pp fundraised)

### What this excludes:

- Visa for Kenya (USD50 on arrival for Australian passport holders)

- Tips & gratuities for guides and drivers (budget USD\$2-5 per day)

- Internet, personal expenses, laundry

- Drinks

- Travel insurance (budget approx \$230)

- Any other items not specified

If the mission does not meet the minimum number of 15 passengers the tour will need to be re-costed or cancelled.

Approximately \$400 of the cost is for medical supplies, we encourage you to fundraise for this trip and ask family/friends to make a contribution to your costs. In addition to the medical supplies we will be calling for donations of general supplies such as latex gloves, paracetamol, ibuprofen, disinfectant, vitamins for adults and children, wound dressing, bandages, etc.

